

## MTSL CHAMPIONSHIP TIME STANDARDS 2023-2024

*No cutoffs required for medley relays & free relays*

<b>Age Group</b>	<b>Event</b>	<b>GIRLS</b>	<b>BOYS</b>
9 - 10	200 Free	3:18.00	3:20.00
11 - 12	200 Free	2:45.00	2:45.00
13 - 14	200 Free	2:32.00	2:23.00
15 & Up	200 Free	2:32.00	2:23.00
8 & Under	100 I.M.	2:10.00	2:10.00
9 - 10	100 I.M.	1:45.00	1:48.00
11 - 12	100 I.M.	1:25.00	1:25.00
13 - 14	200 I.M.	2:49.00	2:45.00
15 & Up	200 I.M.	2:49.00	2:42.00
8 & Under	25 Free	0:22.50	0:22.50
9 - 10	50 Free	0:38.00	0:40.00
11 - 12	50 Free	0:32.00	0:33.50
13 - 14	50 Free	0:31.00	0:30.00
15 & Up	50 Free	0:30.00	0:28.00
8 & Under	25 Fly	0:27.50	0:27.50
9 - 10	50 Fly	0:48.50	0:50.50
11 - 12	50 Fly	0:38.00	0:41.00
13 - 14	100 Fly	1:17.00	1:17.00
15 & Up	100 Fly	1:16.00	1:16.00
8 & Under	50 Free	0:48.50	0:48.50
9 - 10	100 Free	1:27.00	1:29.00
11 - 12	100 Free	1:12.00	1:13.00
13 - 14	100 Free	1:06.00	1:05.00
15 & Up	100 Free	1:05.00	1:04.00
13 - 14	500 Free	6:30.00	6:20.00
15 & Up	500 Free	6:40.00	6:30.00
8 & Under	25 Back	0:27.50	0:27.50
9 - 10	50 Back	0:46.00	0:50.00
11 - 12	50 Back	0:39.00	0:40.50
13 - 14	100 Back	1:18.00	1:16.00
15 & Up	100 Back	1:20.00	1:14.00
8 & Under	25 Breast	0:31.50	0:31.50
9 - 10	50 Breast	0:50.50	0:54.50
11 - 12	50 Breast	0:43.00	0:44.00
13 - 14	100 Breast	1:25.00	1:23.00
15 & Up	100 Breast	1:27.00	1:22.00